



GENERAL FEDERATION
of WOMEN'S CLUBS

ESO



Epsilon Sigma Omicron
Upsilon Chapter



February 2024

FEBRUARY IS BLACK HISTORY & AMERICAN HEART MONTH

- February 1—National Dark Chocolate Day
 - February 2—National Science Fiction Day
 - February 7 – Read Aloud Day
 - February 9—Read in the Bathtub Day
 - February 14—Valentine’s Day (give a child a book along with candy)
 - February 17—National Random Day of Kindness
 - February 20—Clean Out Your bookcase Day
- Be creative and have a little fun celebrating these days.



FEBRUARY BIRTHDAYS

- February 7 – Laura Ingalls Wilder
- February 7 – Charles Dickens
- February 8 – John Grisham
- February 12 – Judy Blume
- February 26 – Victor Hugo
- February 27 – John Steinbeck

NATIONAL LIBRARY LOVER’S MONTH

- Take a child to visit your local library
- Sponsor a children’s reading day at the local library
- Get acquainted with library’s lending media resources
- Obtain a library card or help someone else get one

Lynne Spreen



Lynne Spreen is an inspiring author living in Southern California writing for the middle-aged woman. This is a quote from her online page. “Years ago, a writing mentor told me this truth: the most generous gift you can give your readers is hope. Now, every story I tell contains a message of hope--that things will get better, that you're more powerful and blessed than you realize, and that you're not alone.” Lynne said, “I believe that after a certain age, our value and beauty becomes less visible.” Her stories tell that the middle-aged woman can still have a life, can start a business, can still have dreams, and can still fall in love.

Her latest book, *Opposites Attract in Sedona*, has just been released. This is the third in the Sedona series.

We will have a “Bring One/Take One” at California State Board on February 23 and 24. Join the fun and bring a book to exchange. We will NOT have an exchange at Convention.



Reggie Mattox
CFWC ESO
Chairman